

**Sample Menu**

Fresh, delicious meals with menu choices are made three times each day,  
professionally served in our dining rooms.

“Delivery to your Door” for lunch and supper is available for independent living residents.

	Breakfast	Lunch	Supper
Monday	Scrambled Egg w/Cheese English Muffin Cereal Orange Juice	Smoked Turkey/Gravy Mashed Potatoes Yellow Squash w/Red Peppers Mandarin Orange Gelatin	Swedish Meatballs Noodles Maple-glazed Carrots Sherbet
Tuesday	Fried Egg Sausage Meat Pancakes Cereal Orange Juice	Kielbasa Sausage Four Cheese Pasta Zucchini/Onions Tossed Salad Pineapple Dream	Cottage Cheese Fruit Plate Banana Bread Fruited Gelatin with Whipped Topping
Wednesday	Omelet Eggs Wheat Toast Cereal Orange Juice	Pot Roast/Potatoes Carrots Glazed Strawberries and Bananas	Chili Dog on a Bun Steak Fries Confetti Coleslaw Turtle Brownie
Thursday	Scrambled Egg Waffle/Bacon Cereal Orange Juice	Roasted Chicken Red Skinned Potatoes Braised Cabbage Chocolate Cake, Frosting	Roast Beef/Cheddar Sandwich Onion Rings Carrot Raisin Salad Grapes
Friday	Poached Egg Sausage Gravy Biscuit Cereal Orange Juice	Blackened Fish Mexican Rice Buttered Corn Fruit Cocktail	Turkey Noodle Casserole Seasoned Whole Green Beans Pear Halves
Saturday	Breakfast Bake Wheat Toast Cereal Orange Juice	Meatloaf Baked Potato Mixed Vegetables Angel Food Cake/Topping	Cheese Manicotti Cauliflower Garlic Bread Fresh Fruit/Melon
Sunday	Streusel Coffee Cake Poached Egg Cereal/Bacon Orange Juice	Roast Beef au Jus Mashed Potatoes/Gravy Dilled Baby Carrots Cream Pie	Soup of the Day Chicken Salad Croissant Melon Cubes