

Live fully and joyfully...

...at Valley View Village, where beautiful amenities, engaging activities, new friends and good conversation are right outside your door!

Clubs and groups

- **Garden Club** for green thumbs or those who just love the outdoors.
- **Guild** with many fundraisers along with fellowship and fun while working together to accomplish great things.
- **Men's Club** is a casual group for men to enjoy good food and fellowship.
- **Wii Bowling** offers exercise, fun and friendly competition on the Wii Bowling League.
- **Village Buddies** spend time with our Health Center residents—no reason for anyone to be lonely.
- **Village Singers** share their talent with several performances throughout the year. If your gift is music, check it out.
- **Volunteer Opportunities/Community Outreach** where we give back by serving schools and local charities in the Des Moines area.
- **Lunch Bunch** a fun group enjoys a monthly bus trip to a restaurant.
- **Game Night** is every Friday night where good-natured competitors make the evening fun!
- **Prayer Meeting** our pray-ers meet every morning to help each other with prayer requests.

Activities and fun

- Bus trips to several grocery stores, department stores, library weekly
- Food truck visits
- Frequent theme and holiday parties, musical entertainment, guest speakers, educational opportunities
- Senior Fit exercise classes several times a week
- Blood pressure checks
- Banking and other services visit
- Therapy animal and special pet visits
- Creative arts and crafts

Spiritual life

Chaplain Mike Evans

Chaplain Joel Andrus, part time

- **Bible Studies** offer spiritual enrichment for independent and assisted living residents, led by our chaplains.
- Men's group Bible studies
- **Chapel Services** several mornings each week in several areas on our campus
- Visits to residents in hospital/hospice centers
- Conduct funeral services
- Prayer, counseling for residents, families and staff
- Weddings, too!