Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities Subject to Change	1 10:00 Wii Bowling 10:15 Coffee and conversation 10:30 Exercise 1:00 Scrabble 2:00 Decorate for Christmas	2 10:00 Hangman 10:00 Writing Club 10:30 Exercise 1:00 Wii Bowling 2:00 BINGO in Chapel 2:00 Decorate for Christmas	3 8:30 Cards and Conversation 10:00 Chapel 1:00 Exercise 2:00 BINGO	4 8:30 Cards and Conversation 9:00 Men's Group 10:00 Manicures 10:30 Exercise 2:30 Phillips Readers	5 8:30 Manicures 10:00 Wii Bowling 1:00 Hangman 2:00 BINGO	6 2:00 BINGO 7:00 Hallmark Movie
7 Chapel 10:00	8 10:00 Wii Bowling 10:15 Coffee and conversation 10:30 Exercise **2:00 Guild Christmas Party**	9 10:00 Hangman 10:00 Writing Club 10:30 Exercise 1:00 Wii Bowling 2:00 BINGO in Chapel 2:00 Cranium Crunches	10 8:30 Cards and Conversation 10:00 Chapel 1:00 Exercise 2:00 BINGO	11 8:30 Cards and Conversation 9:00 Men's Group 10:00 Manicures 10:30 Exercise 2:00 Cooking: chocolate covered peanuts, Eggnog	12 8:30 Manicures 10:00 Wii Bowling 1:00 Hangman 2:00 BINGO	13 2:00 BINGO 7:00 Hallmark Movie
14 Chapel 10:00 Happy Hanukkah Hanukkah Begins	15 10:00 Wii Bowling 10:15 Coffee and conversation 10:30 Exercise 1:00 Scrabble 2:00 Cards with Sigrid	16 10:00 Hangman 10:00 Writing Club 10:30 Exercise 2-4 AL Christmas Party	17 8:30 Cards and Conversation 10:00 Chapel 11:30 Birthday Dinner 1:00 Exercise 2:00 BINGO	18 8:30 Cards and Conversation 9:00 Men's Group 10:00 Manicures 10:30 Exercise 2:00 Phillips Readers Party Happy HOLIDAYS	19 8:30 Manicures 10:00 Wii Bowling 1:00 Hangman 2:00 BINGO	20 2:00 BINGO 7:00 Hallmark Movie
21 Chapel 10:00 Winter Begins	22 10:00 Wii Bowling 10:15 Coffee and conversation 10:30 Exercise 1:00 Scrabble **2:30 Barbershop Chorus Program (Chapel)**	23 10:00 Hangman 10:00 Writing Club 10:30 Exercise 1:00 Wii Bowling 2:00 BINGO in Chapel	24 8:30 Cards and Conversation 10:00 Chapel 1:00 Exercise 2:00 BINGO	25 No Scheduled Activities Merry Christmas Christmas	26 8:30 Manicures 10:00 Wii Bowling 1:00 Hangman 2:00 BINGO Boxing Day (Canada) Kwanzaa Begins	27 2:00 BINGO 7:00 Hallmark Movie
28 Chapel 10:00	29 10:00 Tenant Meeting 10:15 Coffee and conversation 10:30 Exercise 1:00 Scrabble 2:00 Crafts	30 10:00 Hangman 10:00 Writing 10:30 Exercise 1:00 Wii Bowling 2:00 BINGO in Chapel	31 8:30 Cards and Conversation 10:00 Chapel 1:00 Exercise 2:00 BINGO New Year's Eve	December 2025		

Valley View Village Assisted Living, 2571 Guthrie Avenue, Des Moines, Iowa 515-299-1745