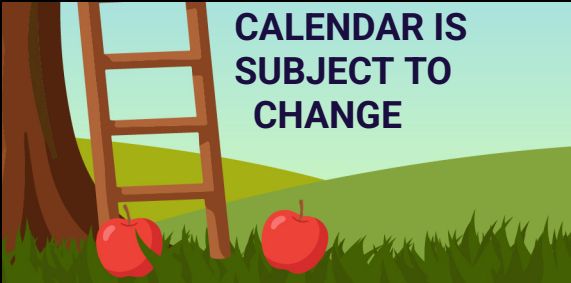


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 CALENDAR IS SUBJECT TO CHANGE		10:00 Sip & Chat 1 11:00Exercise Class 2:30 Target Lotto 3:30 Cribbage 6:30 Coloring Group (Self-Guided Act.)	10:00 CHAPEL 2 11:15Exercise Class 1:30 Wii Bowling 2:30 Popcorn Social 3:30 Play Cards	10:00 Hymn Sing 3 11:00Exercise Class 2:00 Funeral Service for Carol Schenke (Chapel) 3:30 Cribbage 6:30 Puzzle Time (Self-Guided Act.)	10:00 Music Time 4 11:15Exercise Class 2:00 Bingo 2:00 Table Games 3:30 Play Cards (Wear Your Favorite Team Color Day)	2:00 Bingo 5 3:00 Snack Time Self Guided Activities 6:00 Lawrence Welk (CH. 5) 7:00 Hallmark New Movie Night (Hall.CH)	
	10:00 CHAPEL 6 3:00 Snack Time	LABOR DAY 7 2:00 Bingo Labor Day	10:00 Sip & Chat 8 11:00Exercise Class 2:30 Bowling 3:30 Cribbage 6:30 Coloring Group (Self-Guided Act.)	10:00 CHAPEL 9 11:15Exercise Class 1:30 Wii Bowling 2:30 Teddy Bear Picnic-Bring Teddy Bears to Show 3:30 Play Cards	10:00 Hymn Sing 10 11:00Exercise Class 2:00 Bingo 3:30 Badoodle 6:30 Puzzle Time	10:00 Music Time 11 11:15Exercise Class 1:30 Craft Class 2:00 Table Games 3:30 Play Cards (Wear Your Iowa or Iowa State Colors) Rosh Hashanah Begins	2:00 Bingo 12 3:00 Snack Time Self Guided Activities 6:30 Iowa vs. Iowa State Game on NBC 7:00 Hallmark new movie night (Hall.CH)
	10:00 CHAPEL 13 2:00 Bingo 3:00 Snack Time Grandparents Day	10:00 Monday 14 Morning Music AM Manicures 11:15Exercise Class 2:00 Bingo 3:30 Game Time	10:00 Sip & Chat 15 11:00Exercise Class 2:00 Movie Matinee 3:30 Cribbage 6:30 Coloring Group (Self-Guided Act.)	10:00 CHAPEL 16 11:15Exercise Class 1:30 Wii Bowling 2:30 Birthday Party 3:30 Play Cards	10:00 Hymn Sing 17 11:00Exercise Class 2:00 Bingo 3:30 Corn Hole 6:30 Puzzle Time	10:00 Music Time 18 11:15Exercise Class 2:00 Table Games 2:30 Horseracing Game 3:30 Play Cards	2:00 The West 19 Connection Music Concert (Chapel) Self Guided Activities 6:00 Lawrence Welk (CH. 5) 7:00 Hallmark New Movie Night (Hall.CH) Oktoberfest Begins
	10:00 CHAPEL 20 3:00 Snack Time Yom Kippur Begins	10:00 Monday 21 Morning Music AM Manicures 11:15Exercise Class 2:00 Bingo 3:30 Game Time	10:00 Sip & Chat 22 11:00Exercise Class 2:00 Baking & Trivia 3:30 Cribbage 6:30 Coloring Group (Self-Guided Act.) Autumn Begins	10:00 CHAPEL 23 11:15Exercise Class 1:30 Wii Bowling 2:30 Fall Party 3:30 Play Cards	10:00 Hymn Sing 24 11:00Exercise Class 2:00 Bingo 3:30 Basketball 6:30 Puzzle Time	10:00 Music Time 25 11:15Exercise Class 1:30 Craft Class 2:00 Table Games 3:30 Play Cards Sukkot Begins	2:00 Bingo 26 3:00 Snack Time Self Guided Activities 6:00 Lawrence Welk (CH. 5) 7:00 Hallmark New Movie Night (Hall.CH)
	10:00 CHAPEL 27 2:00 Bingo 3:00 Snack Time	10:00 Monday 28 Morning Music AM Manicures 11:15Exercise Class 2:00 Bingo 3:30 Game Time	10:00 Sip & Chat 29 11:00Exercise Class 2:00 Resident Council Meeting 3:30 Cribbage 6:30 Coloring Group (Self-Guided Act.)	10:00 CHAPEL 30 11:15Exercise Class 1:30 Wii Bowling 2:30 Hot Apple Cider & Cookies 3:30 Play Cards			

HEALTH CENTER ACTIVITY CALENDAR VALLEY VIEW VILLAGE