

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 CALENDAR IS SUBJECT TO CHANGE				10:00 Hymn Sing 11:00 Exercise Class 2:00 Bingo 3:30 Cribbage 6:30 Puzzle Time (Self Guided in Act. Rm)	10:00 Music Time 11:15 Exercise Class 1:30 Craft Class 2:00 Table Games 3:30 Play Cards	2:00 Bingo 3:00 Snack Time <i>Self Guided Activities</i> 6:00 Lawrence Welk (ch. 5) 7:00 Hallmark New Movie Night (HALL CH.) Simchat Torah Begins
10:00 CHAPEL 3:00 Snack Time WNBA SEMI FINALS BEGIN	10:00 Tom Hofer Music Program (Chapel) 11:15 Exercise Class 1:00 Bible Study (CH) 2:00 Bingo 3:30 Game Time	10:00 Sip & Chat 11:00 Exercise Class 2:30 Wheel of Fortune 3:30 Cribbage 6:30 Coloring Group (Self Guided in Act. Rm.)	10:00 CHAPEL 11:15 Exercise Class 1:30 Wii Bowling 2:30 Popcorn Social 3:30 Play Cards	10:00 Hymn Sing 11:00 Exercise Class 2:00 Bingo 3:30 Cribbage 4:30-6:30 Guild Sloppy Joe Supper Fundraiser (Chapel) Donations Accepted	10:00 Music Time 11:15 Exercise Class 1:30 Craft Class 2:00 Table Games 3:30 Play Cards	2:00 Bingo 3:00 Snack Time <i>Self Guided Activities</i> 6:00 Lawrence Welk (ch. 5) 7:00 Hallmark New Movie Night (HALL CH.)
10:00 CHAPEL 2:00 Bingo 3:00 Snack Time	10:00 Monday Morning Music 11:15 Exercise Class 1:00 Bible Study (CH) 2:00 Bingo 3:30 Game Time Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	10:00 Sip & Chat 11:00 Exercise Class 2:30 Baking & Trivia 3:30 Cribbage 6:30 Coloring Group (Self Guided in Act. Rm.)	10:00 CHAPEL 11:15 Exercise Class 1:30 Wii Bowling 2:30 National Dessert Day Celebration 3:30 Play Cards	10:00 Hymn Sing 11:00 Exercise Class 2:00 Bingo 3:30 Cribbage 6:30 Puzzle Time (Self Guided in Act. Rm)	10:00 Music Time 11:15 Exercise Class 1:30 Craft Class 2:00 Table Games 3:30 Play Cards	2:00 Bingo 3:00 Snack Time <i>Self Guided Activities</i> 6:00 Lawrence Welk (ch. 5) 7:00 Hallmark New Movie Night WNBA FINALS BEGIN
10:00 CHAPEL 3:00 Snack Time	10:00 Monday Morning Music 11:15 Exercise Class 1:00 Bible Study (CH) 2:00 Bingo 3:30 Game Time	10:00 Sip & Chat 11:00 Exercise Class 2:30 Target Lotto 3:30 Cribbage 6:30 Coloring Group (Self Guided in Act. Rm.)	10:00 CHAPEL 11:15 Exercise Class 1:30 Wii Bowling 2:30 Birthday Party 3:30 Play Cards	10:00 Hymn Sing 11:00 Exercise Class 2:00 Bingo 3:30 Cribbage 6:30-7:30 Trick or Treat Night	10:00 Music Time 11:15 Exercise Class 2:00 Table Games 2:30 Horseracing Game 3:30 Play Cards	2:00 Bingo 3:00 Snack Time <i>Self Guided Activities</i> 6:00 Lawrence Welk (ch. 5) 7:00 Hallmark New Movie Night
10:00 CHAPEL 2:00 Bingo 3:00 Snack Time	10:00 Monday Morning Music 11:15 Exercise Class 1:00 Bible Study (CH) 2:00 Bingo 3:30 Game Time	10:00 Sip & Chat 11:00 Exercise Class 2:00 Resident Council 3:30 Cribbage 6:30 Coloring Group (Self Guided in Act. Rm.)	10:00 CHAPEL 11:15 Exercise Class 1:30 Wii Bowling 2:30 National Chocolate Day Celebration 3:30 Play Cards	10:00 Hymn Sing 11:00 Exercise Class 2:00 Bingo 3:30 Cribbage 6:30 Puzzle Time (Self Guided in Act. Rm)	10:00 Music Time 11:15 Exercise Class 2:00 Halloween Party 3:30 Play Cards	2:00 Bingo 3:00 Snack Time <i>Self Guided Activities</i> 6:00 Lawrence Welk (ch. 5) 7:00 Hallmark New Movie Night (HALL CH.) Halloween

HEALTH CENTER ACTIVITY CALENDAR VALLEY VIEW VILLAGE